



Learn how to keep children safe and healthy.

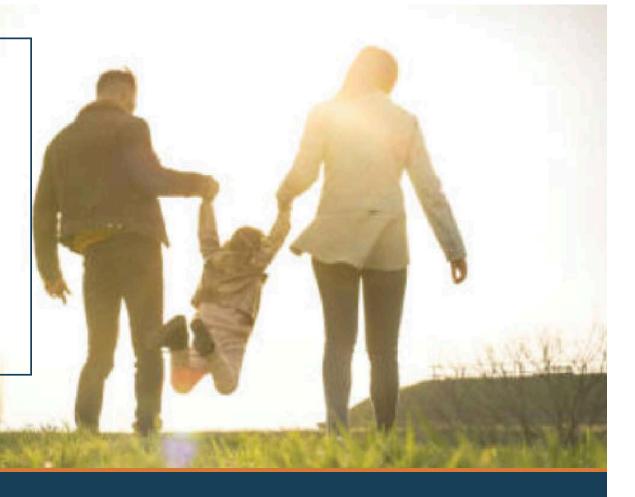
Whether you are a parent, caregiver, or other concerned adult, you have the power to prevent child abuse and neglect.

- Know the issues
- Learn the risks
- Take action

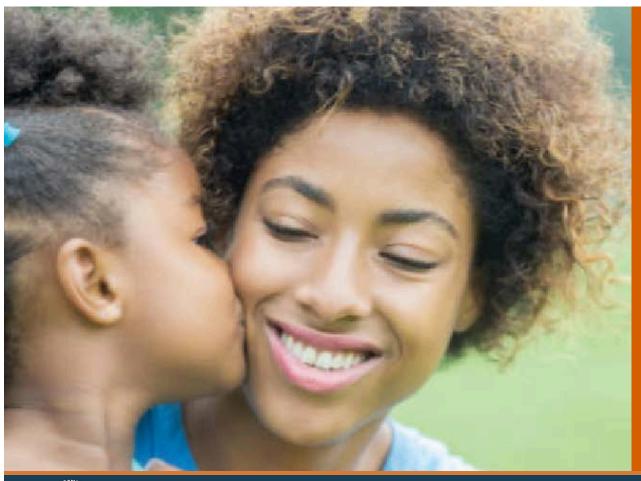


Our Mission

The Power To Create A Better Future is a new initiative that's designed to generate a sense of responsibility in preventing child abuse and neglect by offering resources and information to parents, caregivers, educators, social workers, healthcare professionals, and other concerned citizens. Our goal is to improve the well-being of children so that every child in Southwest Ohio has the opportunity and resources to grow up safe and healthy.







Counties we serve

- Adams
- Brown
- Butler
- Clermont
- Clinton
- Hamilton
- Highland
- Warren





Child Abuse and Neglect Hotline 855-OH-CHILD

You have the power to make a difference.

Roughly one in four children in the U.S. have experienced abuse or neglect at some point in their lives. Abuse can be physical, emotional, or sexual.



Know the facts

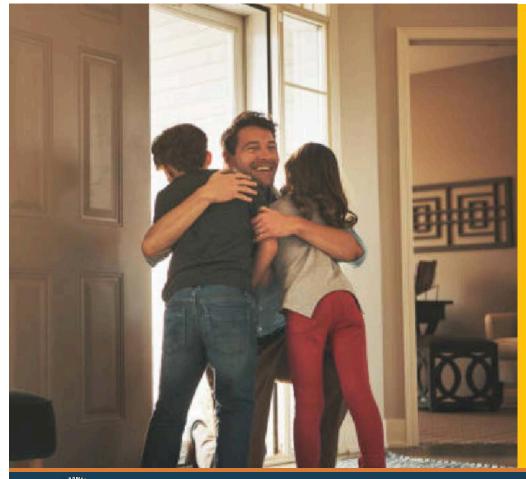
1 in 5 children in Southwest Ohio live in poverty.

Half of all Ohio children taken into custody in 2016 had parents who were using drugs.

One-third of all individuals who were abused or neglected as children will subject their own children to maltreatment.



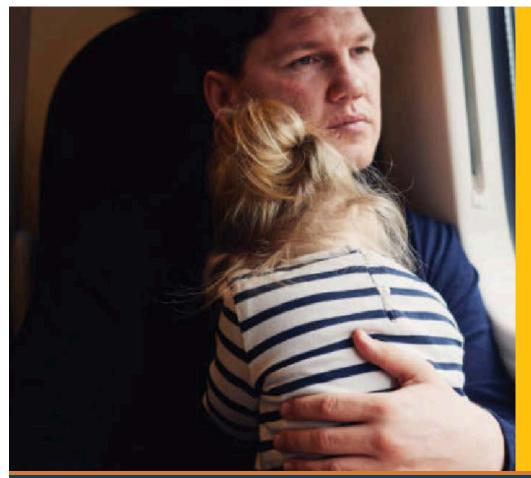




Nurture them

Children need to know that they are special, loved, and capable of following their dreams.





Help yourself

When life is overwhelming, take a break and remember what is important before interacting with your child.

If you're experiencing stress, it is a sign that self care is needed.





Keep calm

It is normal to feel stressed when your baby cries for a long period of time, affecting your ability to think calmly and rationally. Your reactions may be panicked, meaning that you are not thinking clearly.

Never shake a baby.





Discipline thoughtfully

Discipline should be used as a tool to teach, rather than punish, a child. Discipline with love.





Monitor media usage

Violent content and social media can be harmful to children.

Know what your child is viewing and who they are talking to online.





Help a friend, neighbor, or relative with childcare

Childcare can be difficult for working caretakers to arrange, especially during holidays or school breaks. Offer a helping hand so caregivers can rest.



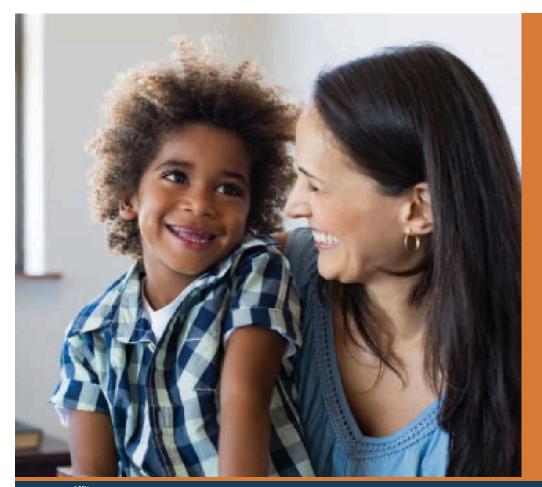


Mentor a child

Children's lives are shaped by their experiences, their environment, and the relationships they have with adults they look up to.

It only takes one adult to form a positive impression on a child and help ensure long-term health and well-being.

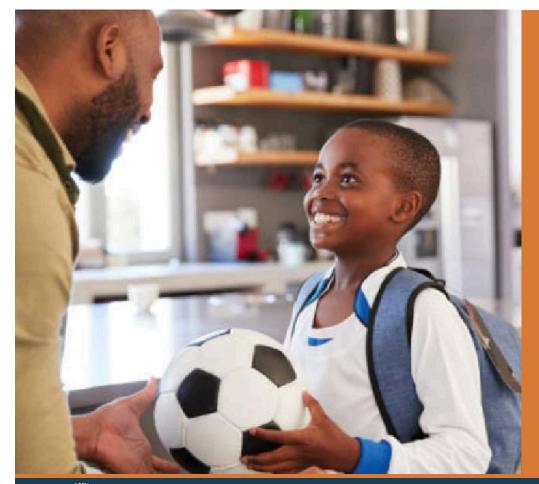




Get involved

Ask community leaders, clergy members, libraries, and schools to develop services to meet the needs of healthy children and families. Offer to help obtain resources.





Promote programs in school

Teach children, parents, and educators prevention strategies to help keep children safe.





Volunteer at a local child abuse prevention program

For information about volunteer opportunities, email OCTF@OCTF.ohio.gov





Offer assistance

Provide material needs to a family or donate funds for children's activity fees or club memberships.



You have the power to help a child.

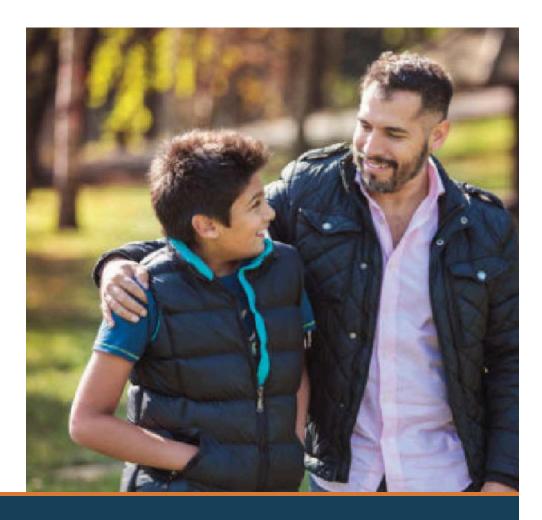
Child abuse is often done by someone the child knows and trusts.

A child who is being abused may feel guilty, ashamed, confused, or afraid to tell anyone.



Know the signs

- Unexplained injuries
- Changes in behavior
- Fear of going home
- Changes in eating or sleeping
- Changes at school
- Lack of personal care
- Risk-taking behaviors
- Inappropriate sexual behavior













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CreateABetterFuture.org